



Groveside  
School

# Whole School

# P.E

Curriculum Statement



## **P.E Curriculum Statement**

Through the delivery of Physical Education, we want all our pupils to understand how being active will support their mental and physical health beyond the classroom and into their adult lives. We want to enable all pupils to develop social experiences through sports and exercise which will create a sense of belonging to a community as well as social interactions and skills. Across all activities, the ethos is positive, nurturing and inclusive in order to support pupils to achieve their full potential.

All pupils will develop a range of life skills, such as; communication (verbal and non-verbal), leadership, teamwork, personal challenge, resilience, determination, independence, and problem solving, at a level of complexity that is appropriate yet challenging for their individual needs. All pupils will explore the theory and practice behind the benefits of physical activity on their mental, social and physical wellbeing. Our pupils become confident learners and develop important skills which prepare them for future education, employment and living healthy, active lives.

Throughout P.E each pupil will experience a range of activities and games that will challenge and motivate them to engage in new learning and experiences; yet be easily adaptable to any of our pupils' needs.

As pupils progress into Key Stage 4, the level of challenge will increase, and independence will become more prominent. There may be opportunities for pupils to conduct their own research and deliver their own exercise lessons to the rest of their class, developing their leadership skills, independent work and public speaking.

All skills and activities are aimed to bring the best out of each and every pupil at Groveside School. We aim to help the pupils grow and get ready for life outside of school, and to encourage a generation of healthy, active young people.

## **Measuring impact in P.E**

At Groveside School, staff use an online platform called Evidence for Learning to record pupil attainment in P.E. This system uses the **Groveside Progress Steps** Assessment Framework.

At Key Stage 3 and 4 the **Groveside Progress Steps** cover a broad range of ability, from the 'Foundation Learning Skills' that cover Early Years education, through to the main Key Stage 3 and 4 curriculum that takes pupils from year 7 through to year 11. This helps to provide staff with additional guidance on the sequence and progression of knowledge and skills within the P.E curriculum helping to ensure that learning builds upon prior attainment.

All the knowledge and skills that we would like our learners to achieve by the end of year 11 are set out in sequential order on Evidence for Learning. It is our intention to ensure that all pupils progress at an expected rate, so they are able to achieve their personal best.

At all Key Stages, pupils will be assessed against the criteria each term. Each set of criteria will have 4 aspects.

*1 - Fully Supported*

*2 - Partially Supported*

*3 - Independence*

*4 - Wow (transferrable skills /Application)*